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| Year 1 | Food and Nutrition  |
|  | Explain ideas about how to eat a healthy and varied diet, |
|  | Use kitchen equipment safely and prepare dishes. |
|  | Design |
|  | Create a template and a simple design to explain what they intend to do |
|  | Share my ideas through talking and drawing. |
|  | Make |
|  | Use a range of tools for cutting and joining. |
|  | Evaluate  |
|  | Give a simple evaluation of a product by explaining their likes and dislikes |
|  | Evaluate their own ideas and adapt their designs to make improvements |
|  | Technical Knowledge |
|  | Use mechanisms e.g. wheels and axles |

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| Year 2  | **Food and Nutrition**  |
|  | Explain where food comes from  |
|  | Name different fruits and vegetables  |
|  | Follow the food hygiene rules when preparing food. |
|  | Assemble and combine ingredients. |
|  | **Design** |
|  | Design useful products that are well designed based on given instructions |
|  | Share my ideas through talking, drawing, templates and using technology |
|  | Make |
|  | Use a range of tools for cutting, shaping, joining and finishing. |
|  | Choose materials that are suitable for a task based on their properties |
|  | Evaluate |
|  | Explain how good my own product is and explain ways I could make it better |
|  | Explore products, say how good they are and explain how they could be better |
|  | Technical Knowledge |
|  | Use mechanisms e.g levers and sliders  |
|  | Build structures, exploring how they can be made stronger, stiffer and more stable |